1) Weight Loss with Meal Replacement and Meal Replacement Plus Snacks: A Randomized Trial  

2) Two-Year Outcome of a Combination of Weight Loss Therapies for Type 2 Diabetes  

3) Long-term Efficacy of Soy-Based Meal Replacements vs. an Individualized Diet Plan in Obese Type 2 DM Patients: Relative Effects on Weight Loss, Metabolic Parameters, and C-Reactive Protein  

4) Feasibility of a Partial Meal Replacement Plan for Weight Loss in Low-Income Patients  

5) Meal Replacements are as Effective as Structured Weight-Loss Diets for Treating Obesity in Adults with Features of Metabolic Syndrome  

6) Bone and Gastric Bypass Surgery: Effects of Dietary Calcium and Vitamin D  

7) Structured Weight-Loss Programs: Meta-analysis of Weight Loss at 24 Weeks and Assessment of Effects of Intervention Intensity  

8) Effects of Weight Reduction Interventions by Community Pharmacists  

9) Metabolic and Cardiovascular Effects of Very-Low-Calorie Diet Therapy in Obese Patients with Type 2 Diabetes in Secondary Failure: Outcomes After 1 Year  

10) One Year Outcome of a Combination of Weight Loss Therapies for Subjects with Type 2 Diabetes Mellitus: A Randomized Trial  

11) Weight Management Using a Meal Replacement Strategy: Meta and Pooling Analysis from Six Studies  

12) Feeding Behaviors and Weight Loss Outcomes Over 64 Months  

13) Bupropion SR Enhances Weight Loss: A 48-Week Double-Blind, Placebo-Controlled Trial  

14) Elevated Intakes of Calcium and Vitamin D Without Added Calories and Fat in Overweight Adults: A Crossover Study in Wisconsin  
15) Lipoprotein Responses to Weight Loss and Weight Maintenance in High-Risk Obese Subjects

16) Four Worksite Weight Loss Programs with High-Stress Occupations using a Meal Replacement Product

17) Reduced Length of Stay by Implementation of a Clinical Pathway for Bariatric Surgery in an Academic Health Care Center

18) Beverage Viscosity is Inversely Related to Postprandial Hunger in Humans

19) Nutritional Supplements Used in Weight-Reduction Programs Increase Intestinal Gas in Persons who Malabsorb Lactose

20) Dietary Treatment and Long-Term Weight Loss and Maintenance in Type 2 Diabetes

21) Value of Structured Meals for Weight Management: Risk Factors and Long-Term Weight Maintenance
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22) Meal Replacements in Weight Intervention

23) Implementation of a Primary Care Physician Network Obesity Management Program

24) Liquid Meal Replacement and Glycemic Control in Obese Type 2 Diabetes Patients

25) Weight Control in the Physician’s Office

26) Liquid Meal Replacement vs Traditional Food: A Potential Model for Women who Cannot Maintain Eating Habit Change

27) Metabolic and Weight Loss Effects of Long-Term Dietary Intervention in Obese Patients: Four-Year Results
28) Five-Year Self-Management of Weight Using Meal Replacements: Comparison with Matched Controls in Rural Wisconsin
   Editorial Opinions by George Bray, MD and James Hill, Ph.D.

29) Metabolic and Weight-Loss Effects of a Long-Term Dietary Intervention in Obese Patients

30) Electrocardiographic QTc interval: Short-Term Weight Loss Effects

31) Clinical Evaluation of a Minimal Intervention Meal Replacement Regimen for Weight Reduction

32) Nutritional supplementation in two high-risk cancer populations